

Leave The Fireworks To The Professionals

The Fourth of July is a great time to celebrate; however, when fireworks are involved, the celebration can all too easily become a catastrophe. Please keep in mind that shooting fireworks is not allowed in our community. Not only can it cause damage to the property, but you also run the risk of personal injury. The safest place to enjoy fireworks is at a professionally-sponsored public display. Please leave the detonation and handling of explosive devices to the experts.

Fourth Of July Trivia

Here are some questions to exercise your mind:

1. The Declaration of Independence begins with what words?
2. How did the Liberty Bell get its crack?
3. What city is the Liberty Bell located in?
4. Who shot Abraham Lincoln?
5. Will Smith starred in a Fourth of July movie. What is the name of the movie?
6. How tall is the Statue of Liberty?
7. Name a Fourth of July favorite that comes on a bun.
8. Who was the first person to sign the Declaration of Independence?

1: When in the course of human events. 2: On the very first ring. 3: Philadelphia, Pennsylvania. 4: John Wilkes Booth. 5: Independence Day. 6: 151 feet. 7: Hot Dog. 8: John Hancock.

Five Things To Be Happy About

- Watching the fireworks display
- Enjoying some homemade ice cream
- Finding a parking spot in the shade
- The smell of a barbecue grill
- The weekend

Granola Clusters

- 2 large, ripe bananas, mashed
- 1 teaspoon vanilla extract
- ½ cup maple syrup
- 2 cups rolled oats
- ⅓ cup shredded coconut
- ½ teaspoon cinnamon
- ½ teaspoon salt
- 1 teaspoon baking powder
- ¼ cup dried apricots, chopped
- ½ cup dried cranberries

Pre-heat oven to 350°, with racks in the upper third. Line 2 baking sheets with parchment paper or spread evenly with olive oil.

Mix syrup, vanilla, and bananas in a large bowl. In another bowl, mix oats, cinnamon, baking powder, coconut, dried fruit and salt. Add dry ingredients to the wet and mix well.

Mold the mixture into little balls in your hands and place about 2 inches apart on the baking sheet. The mixture may be a little loose, but that's ok; they will firm up in the oven.

Put baking sheets in the oven and bake until outside starts to brown, about 15 minutes. Remember, the bigger the cluster, the longer it will take to firm up.

Yields: 2 dozen bite size clusters

July 2013						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4 Office Closed Fourth Of July	5	6
	Rent Due					
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	Thank you for paying on time		

HUNTER'S GLEN

A P A R T M E N T S

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2013

Office Staff

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Property Manager

Jennifer Wesp
Assistant Manager

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M - F 8:30 - 5:00
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SUN CLOSED

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It's Your Birthday, America!

The staff would like to wish all of our residents a happy and safe Independence Day. Let's all be sure to remember what this day stands for and give thanks for those courageous individuals who put their lives on the line by signing their names to one of the world's most precious documents, the Declaration of Independence.

Air Conditioning Problems?

If you think your air conditioner is not cooling properly, please call right away. Summer is here and air conditioning calls are serviced in the order they are received.

Swimming Pools

1. Please remember each apartment is only permitted to have 2 guests and you must be present with your guest.
2. Glass is not allowed at the swimming pool.
3. Pool hours are from 9:00am until 10:00pm Sunday through Thursday. Hours are extended on Friday and Saturday from 9:00am until 11:00pm. Please be respectful of the other residents and follow these hours. If you are in the pool after hours, this is considered trespassing and the police will be notified.

Rent Checks

If your check does not have your current address, please write your apartment number on your check.

Enter The Contest!

Most of you are probably aware that each month there is a contest located on the inside of the newsletter. Entering is easy and the contest changes monthly so you never know what kind of wonderful prizes will be offered. Check it out and enter each month!

OUR FAMILY PHYSICIAN

By the time summer is in full swing, insects and bugs have multiplied to astounding levels and they pester any early evening plans in the fresh air. You can also be certain that mosquitoes and other biting insects are out to get you and may keep you indoors instead of enjoying outdoor activities. Bugs should not keep us from a walk around the park or neighborhood, a relaxing getaway at our favorite fishing hole, or from enjoying a barbeque with family and friends. Before you get to the point of never going outside, try this all-natural approach to a safe and hazard-free bug spray with 100% pure, therapeutic-grade essential oils.

Preparation: • Fill an 8 ounce spray bottle with 4 ounces of distilled water
• Add 4 ounces of witch hazel
• Add 5 drops of lemon, lavender, peppermint, Idaho tansy, tea tree and citronella essential oils

Bugs, Bugs and More Bugs!



Shake well before each use and spray a light layer on skin and clothing. This natural alternative to store-bought bug sprays will keep you free from chemicals and other unnatural ingredients—not to mention the pleasant aroma that will be with you as you enjoy the nature around you.

Now that we have taken care of ourselves, let's see what we can do around our homes and on our patios to make sure our flowers and plants stay healthy and bug free as well.

Mix 5 drops of the following oils with 4 ounces of water and spray this on your plants in your home and on your patio.

Spearmint: for ants, aphids, caterpillars, black flea beetle, gnats, moths and plant lice.

Peppermint: for ants, aphids, bean beetle, cabbage root fly, caterpillars and flies.

Lemongrass: for black flea beetle, fleas, mosquitoes and ticks.

Knowing that you can protect yourself and your environment against annoying bugs makes those hot summer days even more enjoyable!



ONE DOZEN THINGS YOU MAY NOT KNOW...

...about the Constitution

If you paid attention in American history class, you probably remember that the U.S. Constitution was drafted in Philadelphia in 1787. You may even recall that it has seven articles and 27 amendments. If you're a devoted history or politics buff, you may even be able to explain the Bill of Rights or the key principles of separation of powers, checks and balances and federalism. These basics are obviously important, but there are a few interesting things your dry history books probably missed.

It's All About the Words

- Before the Constitution's ratification, a senate committee proposed the term "His Highness the President of the United States of America and Protector of Their Liberties" to be our leader's title. Fortunately, "Mr. President" was adopted instead. The shorter title obviously saved paper; it may have been America's first Eco-friendly decision.
- The Constitution was written with a quill pen, and this process proved to be a challenge. On page one, there are visible ink splotches in various sizes.
- The number of words in the Constitution adds up to a mere 4,440. The low word count makes it the shortest constitution on the planet.
- English was not the only language used in the Constitution; parts were written in Latin.
- Pennsylvania was misspelled in the Constitution as "Pensylvania."
- The word "freedom" appears only once in the entire Constitution, but "liberty" is used three times, and "power" or "powers" makes an appearance 36 times. The word "democracy" doesn't appear at all.

Who, When and How Long?

- A Pennsylvania General Assembly clerk named Jacob Shallus penned the

Constitution for \$30. Today, he would have earned more than \$700.

- The only presidents who signed the document were George Washington and James Madison.
- Benjamin Franklin required assistance to sign the Constitution due to his poor health. As he signed, tears ran down his face.
- The National Archives Building in Washington, D.C. is home to the Constitution. It is protected behind special glass equipped with a titanium frame. To preserve the integrity of the parchment, the temperature of its display cases are kept at 67 degrees Fahrenheit. Relative humidity is maintained at 40 percent. Argon gas inside the cases further preserves the documents' quality.
- Patrick Henry, known for his support of individual rights, was elected as a delegate to the Constitutional Convention. He declined, stating his reason was that he "smelt a rat."
- In March of 1788, Rhode Island held a popular election to determine the Constitution's ratification status. Only 237 votes were in favor; 2,945 voters opposed.

Reflections Through the Years

We may never know how many seemingly small or little-known events colored our Constitution's rich past, but its enduring promises of freedom contribute to every moment of our lives in the present.

WIN! A Canon PowerShot Camera!

July is a great month for a vacation! Unfortunately, for many of us that vacation ends up being a day at the pool. But, whether you are taking off for an exotic destination, or just lounging by the pool, we thought a great new camera would make a terrific addition to your "vacation" or "stay-cation." Plus we've added a few extras, just to make it more fun!

To enter for a chance to win the items listed below, just answer the following:

If you could go anywhere in the world and take one person with you, where would you go and who would you take?

- Canon PowerShot ELPH115IS Camera
- 16GB High Speed SDHC Memory Card
- 1 Blue Beach Towel
- 1 Orange Beach Towel
- Sunscreen with Citronella and Lemon
- 4 oz. Bottle of Lemongrass Essential Oil Lotion, by Goatie Girl
- A Plastic Sand Bucket with Scoop

TO ENTER:

Please go to our website: lighthouse-publishing.net or mail your entry to: Lighthouse Publishing, LLC, July Contest 165 Gerald Holt Way, Hackett, AR 72937

Contest Rules:

By entering this contest you give Lighthouse Publishing, LLC the authority to publish your full name, city, state and your answer to the question on our website, if you are the winner. One entry per person, please, and you must be a current recipient of our newsletter.

Your entry must be received by midnight July 31, 2013.

Winner to be chosen on August 1, 2013.

Questions? Comments? E-mail us at info@lighthouse-publishing.net. The views expressed herein are not necessarily those of Lighthouse Publishing, LLC. Lighthouse Publishing, LLC assumes no responsibility for any materials submitted for publication or for any loss or personal injury arising out of the publication of such materials.

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July In History

July 1, 1862 - President Abraham Lincoln signed the first income tax bill, levying a 3% income tax on annual incomes of \$600-\$10,000 and a 5% tax on incomes over \$10,000. Also on this day, the Bureau of Internal Revenue was established by an Act of Congress.

July 2, 1964 - President Lyndon B. Johnson signed the Civil Rights Act of 1964, prohibiting discrimination on the basis of race in public accommodations, publicly owned or operated facilities, employment and union membership and in voter registration. The Act allowed for cutoff of Federal funds in places where discrimination remained.

July 4, 1776 - The Declaration of Independence was approved by the Continental Congress.

July 9, 1868 - The 14th Amendment to the U.S. Constitution was ratified. The Amendment defined U.S. citizenship and prohibited individual States from abridging the rights of any American citizen without due process and equal protection under the law. The Amendment also barred individuals involved in rebellion against the U.S. from holding public office.

July 20, 1969 - A global audience watched on television as Apollo 11 Astronaut Neil Armstrong took his first step onto the moon. As he stepped onto the moon's surface he proclaimed, "That's one small step for man, one giant leap for mankind" - inadvertently omitting an "a" before "man" and slightly changing the meaning.

Birthday - Baseball pitcher Leroy R. (Satchel) Paige (1906-1982) was born in Mobile, Alabama. Following a career in the Negro Leagues, he became, at age 42, the first African American pitcher in the American League. He was inducted into the Baseball Hall of Fame in 1971.

Ponderisms

- A hummingbird weighs less than a penny.
- A sneeze travels out your mouth at over 100 m.p.h.
- A "jiffy" is an actual unit of time for 1/100th of a second.
- In England, the Speaker of the House is not allowed to speak.
- Did you ever notice that when you blow in a dog's face, he gets mad at you, but when you take him on a car ride, he sticks his head out the window?
- The full name for Los Angeles is "El Pueblo de Nuestra Senora la Reina de los Angeles de Porciuncula" and can be abbreviated to 3.63% of its original size: "L.A."
- Research indicates that mosquitoes are attracted to people who have recently eaten bananas.
- How is it that one careless match can start a forest fire, but it takes a whole box to start a campfire?

Patriotic Ice Cream

It is naturally fitting that we provide a yummy ice cream recipe for the month of July, National Ice Cream Month. Make a batch of this old standby, the vanilla ice cream. Next, make another batch, but this time blend in some raspberries or strawberries. After that, make another batch and blend in some fresh blueberries. I think you know where we are going with this! Show your patriotism and take this wonderful frozen treat to your Fourth of July party this year!

Ingredients for Simple Vanilla Ice Cream

- 1½ cups whole milk
- 1½ cups granulated sugar
- 3 cups heavy cream
- 1½ tablespoons pure vanilla extract

Instructions

- In a medium mixing bowl, use a hand mixer on low speed to combine the milk and granulated sugar until the sugar is dissolved, about 1 to 2 minutes.
- Stir in the heavy cream and vanilla.
- Following your ice cream maker instructions, make 3 batches of vanilla ice cream.
- Leave one batch plain.
- For the second batch, stir in ¼ cup raspberries or strawberries per cup of ice cream.
- For the third batch, stir in ¼ cup blueberries per cup of ice cream.

The ice cream will have a soft, creamy texture. If a firmer consistency is desired, transfer the ice cream to an airtight container and place in freezer for about 2 hours. Remove from freezer about 15 minutes before serving.

You can also add fresh fruit as a topping. Enjoy!

